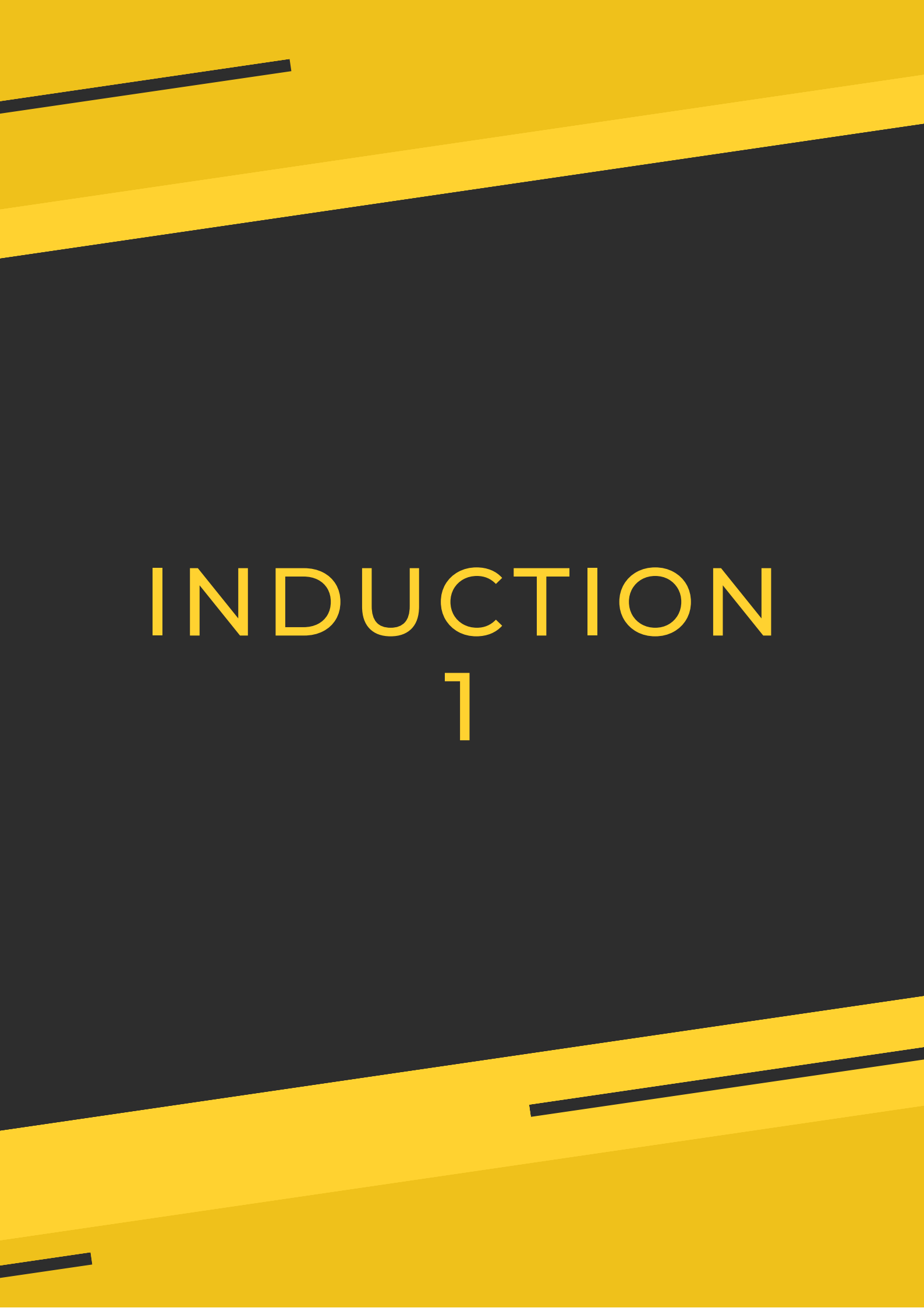


UNLOCK YOUR CONFIDENCE

Raise Your Self-Worth,
Boost Your Net Worth.



SAL
DAMIATA



INDUCTION

1



CONFIDENCE
MENTOR

Welcome!

First of all, I want to congratulate you for having decided to step out of your comfort zone and do something to improve your confidence, self-worth, and your life permanently.

This is going to be an incredibly adventurous journey for you at the end of which you will find yourself equipped with the right tools to confidently achieve your goals and be completely transformed from your current version.

This program is going to create permanent results in your persona because we are going to operate on your subconscious mind with science-backed techniques that have already helped millions of other people worldwide, including me and my clients.

The focus of this program will be on your self-image, confidence, and business life, nonetheless, you will also be able to apply the techniques that you will learn in all the other areas of your life.

That's a lifetime and thus priceless value!

One of the best things you'll experience during this program will be the typical "aha" moments where you will understand why your mind works the way it does and why you do what you do in life.

In a few weeks from now, after mastering your mind, you will also become a master of your life because the mind is the first cause of what happened, is happening, and will happen to you.



CONFIDENCE
MENTOR

I want to close with one statement. If somebody ever told you that you can't have the career of your dreams, the business life you always wanted, or the personal confidence and freedom that you truly crave, they are entirely wrong.

Your life can change right away if you understand how its principles work.

Stay tuned because this program will be like taking the red pill from "The Matrix". Keep your mind open because mind-blowing events are going to happen to you very soon.

I don't say this to sound hyper-motivating or to uplift you.

I literally mean that you will see events that you can't logically explain but that somehow happen. You'll understand why later on.

For now, let's focus on the first steps to take.

Active Learning Attitude

For best results and to retain the highest possible amount of information, you should apply an active learning approach rather than a passive one throughout this program.

The best way for you to learn this material then is to study the information, take notes, comment on the content with your own judgment, and ask questions to me.

After that, action and real-life experiences are going to get all the information stuck in your mind, especially if you repeat the exercises often.



CONFIDENCE
MENTOR

To Recap

1: Study the Material and Take Notes

Taking notes will increase the amount of information you will retain because writing causes thinking. You can take notes in a digital notebook or in a physical one, a journal that you will keep for that purpose only.

2: Comment on the Material

Try to reason about what you are studying. Make your own comments and engage your thinking to come to conclusions by yourself whenever you can, so that you will develop new ideas.

3: Ask Smart Questions

Another great way to retain information is by asking questions to me about what's unclear or what you have doubts about. This is very important for your development so don't be shy to reach out to me with any concerns. I'll be happier if you do so.

4: Take Consistent Action Repeatedly

Experience is the mother of all learning. This will be an effective program, and I will ask you to take specific actions that are absolutely essential to creating the changes you want.

Without action, nothing will happen to you. I have to be honest with that. That's why I will insist on this point much more than all the others.

There is one thing I can't control that will be of great importance for the successful unfolding of this program. I'm talking about commitment.

We have probably already spoken about this, anyway It's something I'd like to point out again as this will be the factor that will ultimately determine your success.



CONFIDENCE
MENTOR

When I ask you to practice a specific meditation 2 times each day, do it. When I invite you to go out and do some social challenges, do them.

If you will put my suggestions into practice you will almost inevitably get the results you want because of the law of cause-effect.

Since I want you to learn the things I will teach you for real, I will also test you periodically with an online test where I'll ask you questions that will be related to the material studied.

I know this might sound binding to you, especially if you're not used to making promises to yourself. However, as your coach, I have to do my best to ensure that you'll do your best.

Science has shown that people that sign something or promise to do something are more prone to keep the promise.

Now I kindly ask you to sign this with your name as a way to formally state that you are committed to your success and that you will give your best during this program.

I am committed to improve myself and to give my best throughout this program to make my dreams come true.

Date

Signature



CONFIDENCE
MENTOR

Congratulations!

You are really into this, and you will surely do a great job with this energy. As a final step before we start with your program, it is essential that you decide on what are your intentions when pursuing this program.

My intention with this program is to.....
.....
.....
.....
.....

I'm sure you wrote something awesome.

Send this file back to me (also digitally) so that I can validate the commitment and see your written intention for the program.

You will do amazingly.

To the next lesson and have a confident day,

Salvatore Damiana

