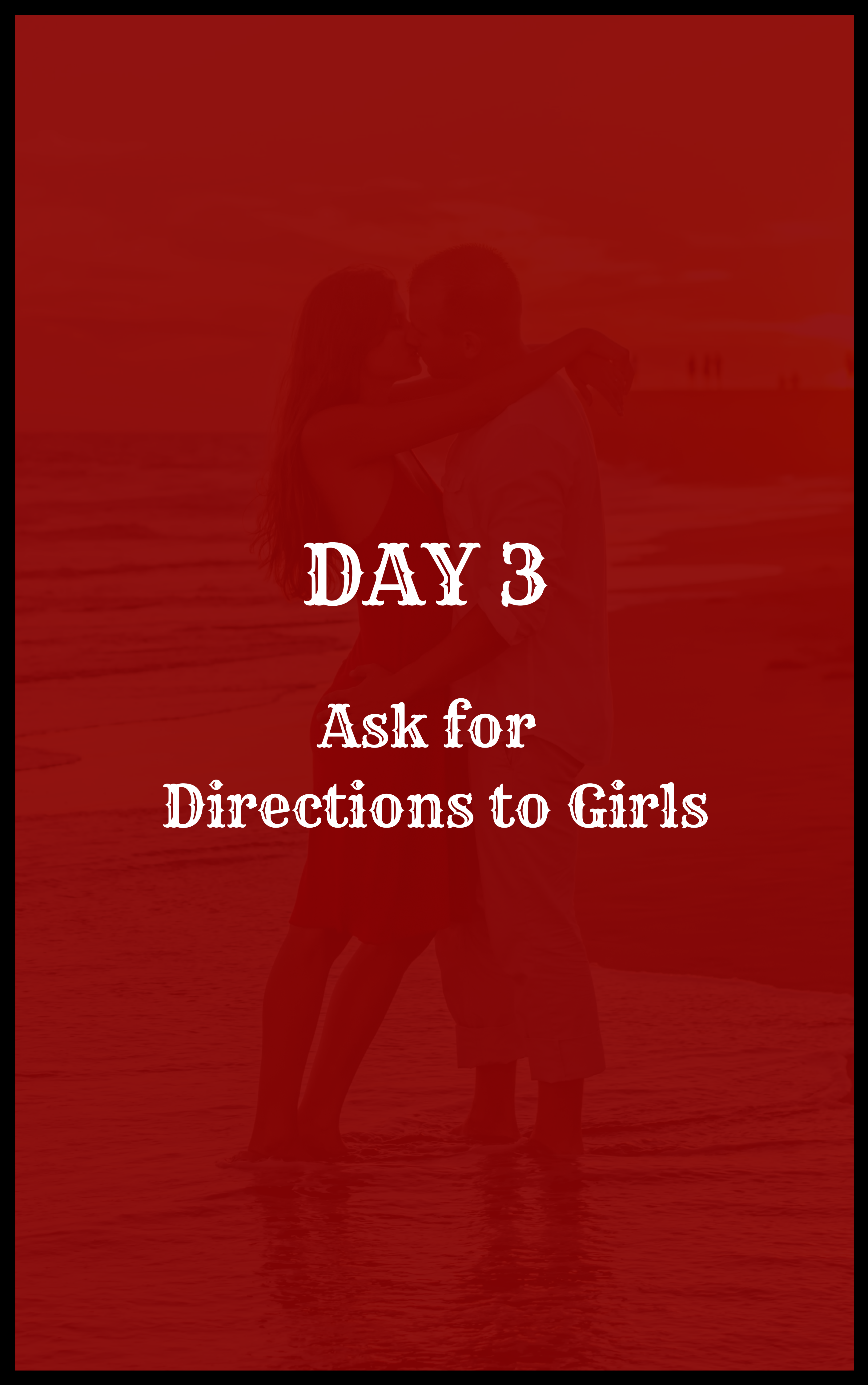


Attraction Academy

The 5-Day Approaching Challenge



Attraction Truth



DAY 3

Ask for
Directions to Girls



Attraction Truth

Day 3: Ask for Directions to Girls

The Aim of this Challenge

This challenge has the purpose of getting you used to slightly longer conversations with girls as well as being able to stop them on the streets, even if they are busy.

No worries, I'm not gonna make you do something crazy (yet).

In fact, you'll do something socially plausible and everyone always did at least once in their lifetime nowadays, even if there's Google Maps. 'm talking about asking for directions.

That's going to make you more socially confident because:

1. You will start a conversation with a stranger woman;
2. You'll need to actively interrupt the girl and ask for information.

Remember that if you want to get something from somebody, whether it's a lighter, some help in a project, or a piece of advice, you should feel comfortable asking.

Asking for directions will be the first step you have to master to become confident with asking girls.

Challenge Requirements

1. Having a place in mind where you "need" to go;
2. A warm and friendly smile.

Challenge Goal

Stop 5 girls and ask them about a particular location you "need" to go.





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Social Experience Points Earned

Upon completing of this challenge, you will earn 70 S.E.P that you can use to get special coaching resources, trainings and even 1-1 support.

Challenge Briefing

That's a very natural transition from your previous challenges, so don't worry about performance anxiety.

Just go and ask for directions right after you make a short eye contact with those girls. Always say hello to the girls you stop before asking for directions to prepare them for your opener.

Challenge Tips

Tip #1: Remember to practice keeping your eye contact until you finish with your question. So, don't look away during this exercise as the aim here is to be fully present in the conversation.

Still do not keep a fixed stare on the girls like a weirdo. Look at them with firm confidence and relaxation. I can help you summon this vibe with a **1-1 approaching support session**.

Tip #2: It is better to ask for directions in a block of your city where it is plausible to ask for that specific direction. Ideally where there are many people so that you don't meet someone you know.

Tip #3: Try to ask for directions to all kinds of people so that you get used to speaking to anyone. This means young, mature, and old people of every gender. Your goal is to build social confidence for now. Later on fun times will come, promise.

What You Can Expect from This Challenge

Like before, girls can keep talking to you and shift the conversation to other topics if they find you interesting.

They may even say to you, "come with me" and show you the way to get to the place you asked. At this point, go with them and take advantage of this opportunity by having a small chat with them.



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Now It's Your Turn!

GO, GO, GO!

You don't have a second to lose! That's your chance to become a better version of yourself.

Destroy any fear you might have and show yourself how capable you are. You are one approach away from becoming a **TOP 1% MAN**.

Do it for your current family and future wife & kids.



✓ Challenge Completed?

Congratulations on having completed this challenge. You're the man. Imagine me giving you a support bro fist now, even at a distance.

Now tell yourself that you're AWESOME and let's move on with the next one.

Remember to keep your record of your Social Experience Points earned so that you can win your special gifts.

That's your new badge for having completed this challenge #3.

Sal Damata





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Your Challenge Report

1 - The Challenge Was:

- Very Easy
- Easy
- Intermediate
- Hard
- Very Hard

2 - The Challenge Went:

- Awesome!
- Very Well
- Alright
- Not So Well
- A Total Disaster



3 - What I Did Well:

4 - What I Could Have Done Better:

5 - I Feel Like:

- I can go on with the next challenge
- I’d like to repeat this one
- I need an easier one

Comments/Observations: